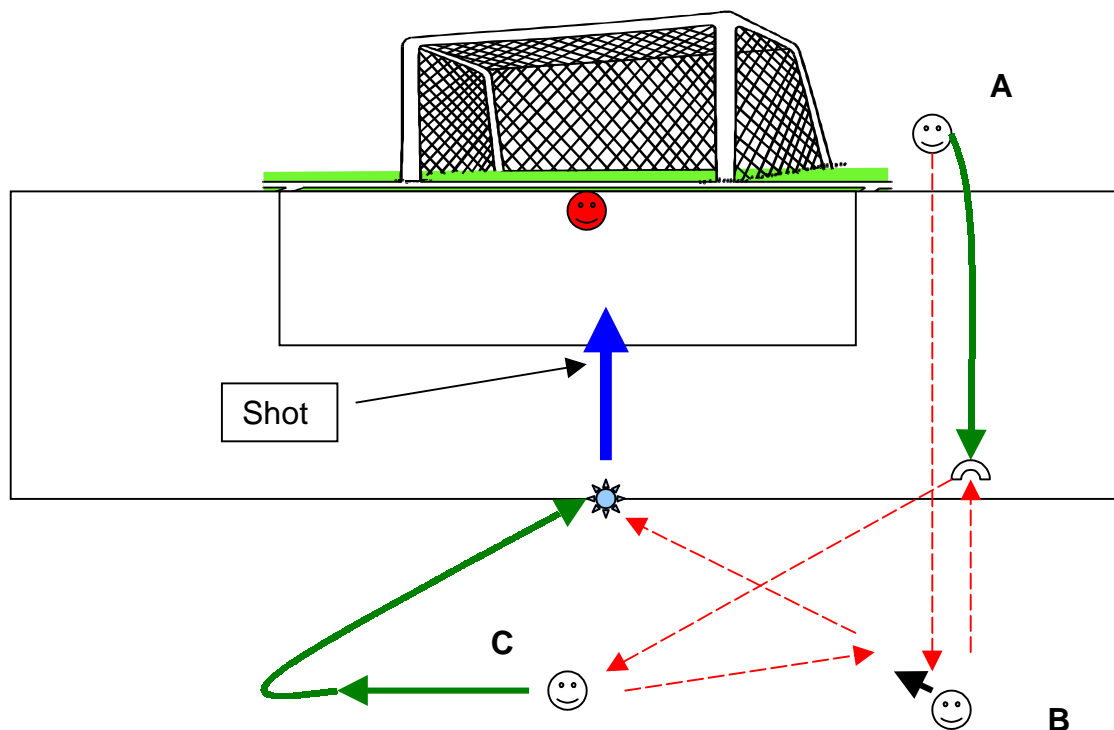


## Advanced Shooting – Drop Through Pass and Shoot

The following drill is from the AJAX (pronounced I-AXE) club training tapes. It is used to teach the concept of staying outside until the ball is played and then exploding to the ball for the shot.



### Organization

1. Lots of balls and a few extra players with Player A
2. Player A plays ball to Player B
3. Player A follows checks to his pass.
4. Player B plays ball back to player A approximately as shown (top of penalty area)
5. Player A then diagonals the ball to Player C
6. Player C touches the ball sideways to Player B
7. Player C then makes a run, staying outside until the ball is played.
8. Player B diagonals the ball into C for a shot
9. Players follow their passes or shots (A goes to B, B to C, C to A, Player behind A in original line steps up to make the next pass)

## Coaching Points

- Player C must stay outside and then explode to the ball. Don't let them take a direct line to the pass. Make them sell the run.
- Two touch passes to start. Insist on technical excellence since there are no defenders.
- Look for Player C playing the ball with outside of foot to Player B and then drifting outside for the run.