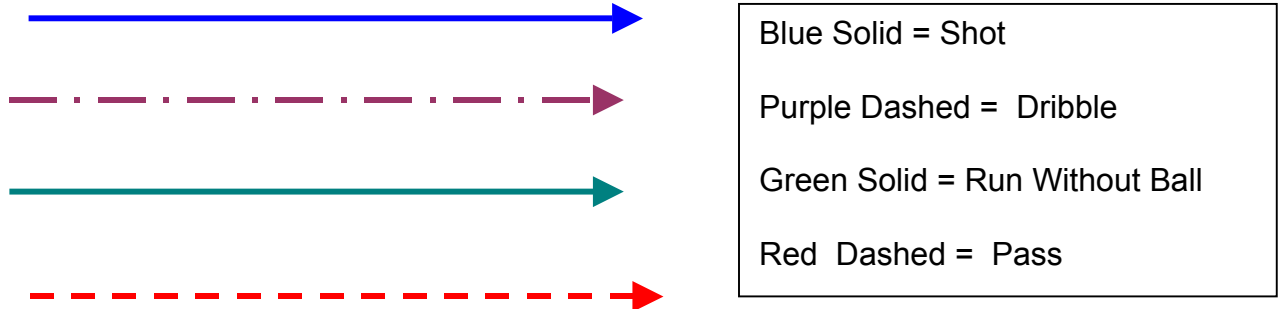


Following is one of several tactical combination of passes that can be used in the line passing exercise. This exercise helps to develop the penetration pass after the drop.

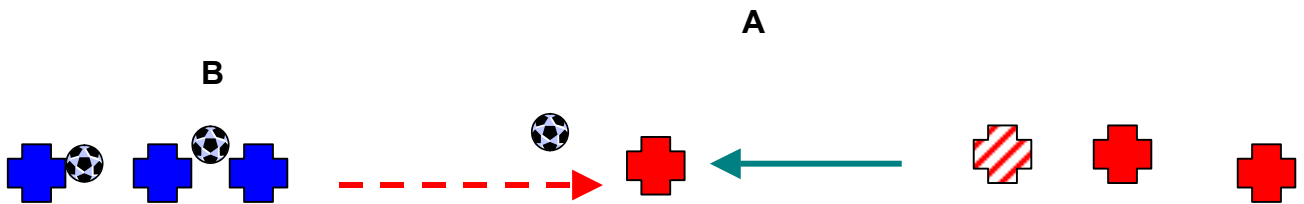
The following convention is made.



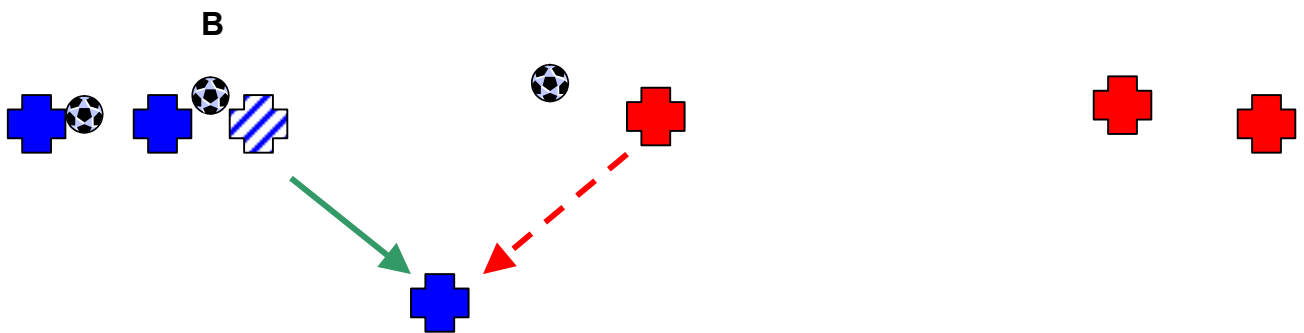
Set Up and Execution



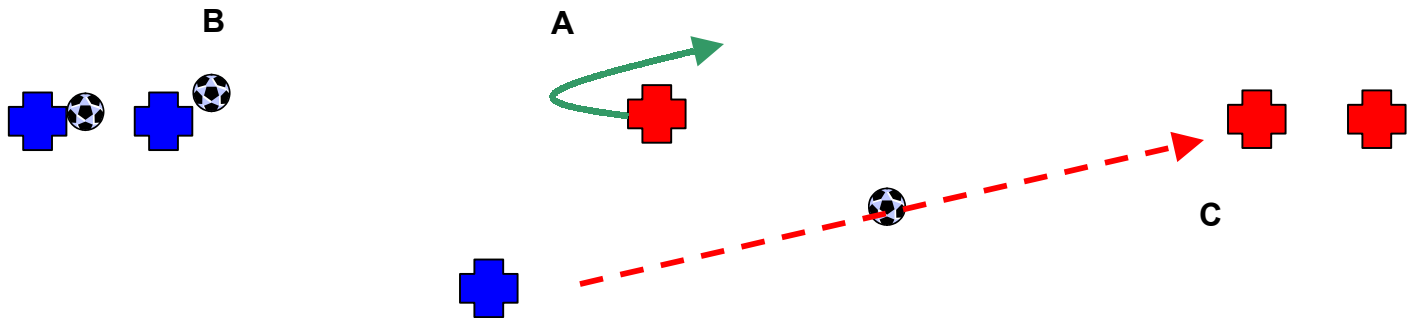
Player from the A line checks to B, (past the center point) and receives pass from B.



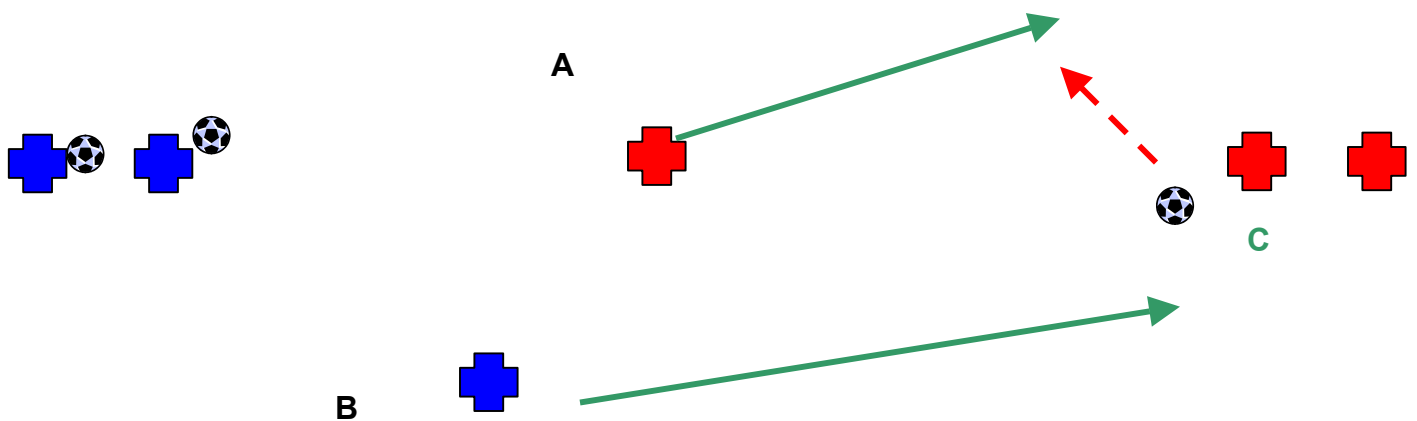
Player B moves wide to one side as A one-touch drops the ball back to B.



Player B passes a long penetrating pass to C who is acting as a *Target Player*



Player C and Player A perform a quick double pass combo as B checks to C to start the series of passes in the other direction.



Coaching Points

- After the drop, the receiving player should look for a penetrating pass option (e.g., back to forward, bypassing the midfielders).
- The target player is responsible for showing or checking to the ball prior to B receiving the drop. B should be looking to play one-touch or a quick two-touch long pass.
- The target player must shield the ball from the closing defender with his best option being to immediately dropping to a supporting player (generally a midfielder).
- The target player would normally look to spin away after his drop with a possible through ball and shot option (this could be the foundation of a great pattern for a shooting exercise).

During the passing combinations, the coach has changed the focus from one of technical passing to technical movement and positioning. Angles of the runs, body shape on ball reception, spin direction, distance and angle from passing player are all areas of teaching.

At the same time, fundamental tactical movements are being introduced along with terms such as switching fields, target player, penetration pass, through ball, drop, spin, flick, wall and checks.