

## Variation of Red Light – Green Light

Divide the kids into two teams, all players with a ball. Place the two teams about twenty yards away with the two teams facing each other. On the coach's command of red light/green light, each team tries to be the first team to completely cross over the starting point of the other team. Does a good job of teaching the kids to dribble with their heads up, speed dribble when they are not close to their opponents, dribble closer to their bodies when other players are near (for control), and the usage of the red light/green light commands makes it fun for the kids.